

CUT UP PRODUCE GUIDE

We have created the below listing of our cut fruit & vegetable offerings.

When placing your emailed order, please indicate which items you would like and the quantity. Our team will do it's best to fulfill your order. Do not send copy of this as an attachment. Our automatic printing system doesn't print attachments. This guide is for reference only.

FRUIT

Cantaloupe (Cubes/Slices)
 Honeydew (Cubes/Slices)
 Cantaloupe & Honeydew (Cubes/Slices)
 Watermelon (Cubes/Slices/Sticks/Halves/Quarters)
 Orange Segments
 Grapefruit Segments
 Mango (Cubes/Slices)
 Pineapple (Cubes/Rings/Slices)
 Kiwi Peeled & Halved
 Papaya Cubes
 Washed Grapes
 Pomegranate Seeds
 Kumquats
 Pomango Salad (Pomegranate Seeds & Diced Mango)
 Diced Fruit Cup
 (Cantaloupe, Honeydew, Mango & Strawberries)
 Fruit Snacker (Blueberries, Strawberries, Kiwi & Mango)
 Mixed Fruit Bowl (Honeydew, Cantaloupe,
 Pineapple, Strawberries, Mango & Grapes)
 Sectional Fruit Bowl (Honeydew, Watermelon,
 Cantaloupe, Pineapple, Strawberries, Mango & Grapes)

WASHED AND CHECKED

Strawberries
 Blueberries
 Strawberries & Blueberries

VEGETABLES

Cauliflower Florets (White/Multicolor)
 Cauliflower Rice
 Broccoli Florets
 White Onions (Diced/Rings/Sliced)
 Red Onions (Diced/Rings/Sliced)
 Green Squash (Chips/Spiralized/Boats/Cubed)
 Yellow Squash (Chips/Spiralized/Cubed)
 Mixed Squash - Green & Yellow (Chips/Cubed)
 Mixed Peppers (Diced/Sticks/Roasting)
 Sweet Potato (Cubes/Sticks)
 Butternut Squash (Cubes/Rounds/Spiralized/Sticks)
 Eggplant (Cubes/Rounds/Boats)
 Carrots (Sticks/Diced/Spiralized)
 String Beans
 Sugar Snap Peas

Snow Peas

Cucumber (Spears/Slices)
 Mushroom Slices
 Brussel Sprouts (Halved)
 Jicama Sticks
 Sliced Beets (Candy/Golden/Red)
 Watermelon Radish
 Stir Fry Mix
 (Mixed Peppers, Broccoli, Mushrooms & Onions)
 Corn on the Cob
 Peeled Garlic
 Veggie Snacker (Cherry Tomatoes, Cucumbers,
 Mixed Peppers, Celery & Carrot Sticks)

WASHED AND CHECKED

Celery (Diced/Sticks)
 Celery & Carrots (Diced/Sticks)
 Carrots, Celery & Onions (Diced)
 Scallions
 Shredded Cabbage (For Coleslaw)
 Leek

SOUP MIXES - WASHED & CHECKED

Soup Greens
 Minestrone Soup Blend
 Butternut Squash Soup Blend
 Harvest Vegetable Soup Blend
 Split Pea Soup Mix

SALADS

Greek Salad - Dairy (Romaine Lettuce, Grape
 Tomatoes, Red Onions, Black Olives & Shredded Cheese)
 Hawaiian Salad (Romaine Lettuce, Almonds,
 Cranberries, Mango & Pomegranate)
 Hearts of Palm Salad (Romaine Lettuce, Cucumbers,
 Red Onions, Grape Tomatoes & hearts of Palm)
 House Salad - Dairy (Romaine Lettuce, Grape Tomatoes,
 Mixed Peppers, Cucumbers, Shredded Cheese)
 Mediterranean Salad (Romaine Lettuce, Beets,
 Chickpeas, Grape Tomatoes & Shredded Cabbage)
 Tossed Salad (Romaine Lettuce, Cucumbers, Olives,
 Grape Tomatoes & Croutons)
 Tropical Salad

OTHER

Yogurt Parfait (Yogurt, Granola & Blueberries)

